



Ileostomy & Internal Pouch Association

# Greater Manchester - IA

## NEWSLETTER



Issue 1 2026.

WEB Site: <https://manchester.iasupport.org>

Spring 2026

Hon: SECRETARY and One2one Volunteer: Marlene Evans, Phone: 0161 790 9380.- Email: [marlene.evans@iasupport.org](mailto:marlene.evans@iasupport.org)

Dear Members,

The start of 2026 did not go down well at all, Yes! You guessed it, another spell in hospital.

To get the newsletter to the printers has been a task in itself as I had lack of concentration, as you can see I managed to get the printers deadline.

Unfortunately there is no spot the ball in this issue, I know many of you look forward to working out where the ball is located, but I promise it will be back for the summer issue.

The Manchester team welcome new member Toni, (Miss) from Mossley Lancashire.

Here are a few proposals the Manchester hope to carry out during the year.

- [1] Continue to attend manufactures and nurse led open days.
- [2] Display our up -to date brochures in the foyer at Salford Royal Hospital.
- [3] A new feature any nonagenarian (90) member will get a visit from our roving reporter Christina (committee member) with flowers and a short story highlighting their past memories and flowers.
- [4] Continue sending Birthday cards.
- [5] keep updating the our own private Manchester forum, to date 43 members.
- [6] The Manchester branch currently has 171 members and are aiming for 200 by the end of April 2026.
- [7] Marlene our secretary and One2one volunteer co-ordinator will continue to attend the quarterly meetings of the Manchester Airport Forum putting your complaints at the way some ostomates are treated at security.

Patient Information Day Salford Royal Hospital, 22 November 2025, see pages 2 and 3.

Trafford Stoma Support Group. (**Support Group Members Only**) page 3.

Spot the Ball Manchester City V Aston Villa No 17a, RESULT.

Wigan Stoma Support Group Open Day.

Renewal subscriptions for 2026, page 4.

IA's UK airport survey still open: your opinion counts. page 4.

Nominations for IA Lifetime Achievement Award, If you think the Manchester team have excelled during the past year in informing you with up to date information via the newsletter and E-mail please give us your support. Thank you. Paul.

Nomination deadline please send your nominations by: **Friday 20 March.** Reply to: [info@iasupport.org](mailto:info@iasupport.org)

**Best wishes from the Manchester Team,  
Paul, Marlene, Sophie, Christina & Charles.**

**Ileostomy and Internal Pouch Association** is a company limited by guarantee.

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President Professor Gordon L Carlson CBE, Bsc (Hons), MD, FRCS(Hen), FRCSEb]d (Ad Hom)

# Patient Information Day Salford Royal Hospital, 22 November 2025.

This was a 3-hour event packed full of lectures and demonstrations.

First to take the rostrum.

With his head popping over the rostrum is Mr Jonny Epstein Colorectal Surgeon highlighting the changes to operational procedures and recovery the time and emphasising high output stoma problems.



Urology Surgeon Mr Hoyle, The subject Reducing UTI'S in Urostomies. and dehydration

Rebecca Dodd Chandler Dietitian. Her subject diet with a stoma.



## Introduction of associations.

Marlene Evans secretary and One2One volunteer for Greater Manchester-IA, outlined the benefits of the Ileostomy association.



Urostomy association was represented by Andrew, outlining the benefits of this association.

Colostomy association was represented by Linda, and again outlining the benefits of this association.



## Exercise.

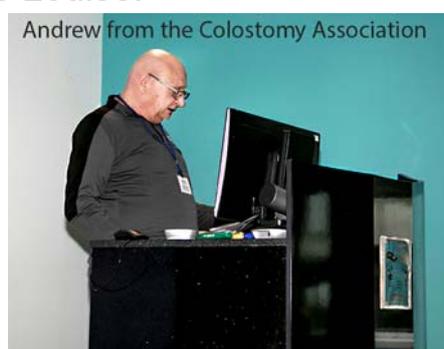
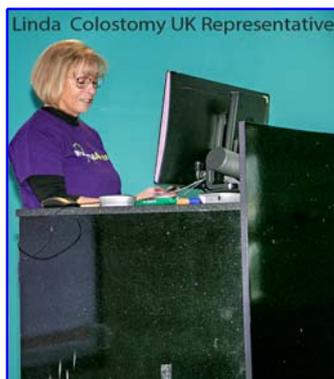
Karen, Convatec representative gave her tips for the ostomate to keep mobile just sat on a chair is all that is required..



## Refreshments.

Tea/coffee biscuits and cake was available during the event.

The attendance was very good, in all, a great success by skilful planning attributed to stoma nurse Louise.



[More Pictures on Page 3](#)

## More Pictures of the Patient Information Day Event .



Emma Dansac Representative



Stoma Nurses with Consultants that took part.



Crohn's UK - Dave Emma and Becky



PeakMedical Representative, REBEKUA.



EAKIN Healthcare Representative, James.



KERAN, Convatec Representative.

## Trafford Stoma Support Group. (Support Group Members Only)

At Parish Centre St John Henry Newman Parish community centre ,  
1, Davyhulme Road Davyhulme M41 7DS on Thursday 6<sup>th</sup> June 2026 at 1.30 pm.

Refreshments served

IA-Manchester will be on hand with all the latest brochures.



## Wigan Stoma Support Group Open Day.

Colorectal/stoma support group On Thursday 26 th March 1.00-3.00 pm.

Held at St Judes Rugby

club, Keats Ave, Worsley Mesnes, Wigan WN3 5UB

Greater Manchester-IA in attendance with all the latest brochures of our ileostomy and pouch information. Refreshments served

**ALL WELCOME**



Other Dates for your Diary Are.

30-4-2026, 28-5-2026, 25-5-2026.



## Spot the Ball Manchester City V Aston Villa No 17a, RESULT.

I'm Ben, nearly 41 y/o, from Altrincham. I have two kids who like to help with spot the ball, however I think it was my guess that one this time. We look forward to the next one! I think my voucher will go on some birthday ciders!

All the best. Ben

Bens's numbers are K2, K3, K4, J2, J3

3 Winning number being K2.

Paul..



## Greater Manchester-IA, President and Committee.

**President.**  
**Mr Jonathan Epstein.**  
MBCbB MD FRCS,  
Consultant & Colorectal  
Surgeon, Salford Royal  
NHS Foundation Trust.



Hon: Chairman,  
Newsletter editor, &  
Greeting card administrator:  
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Manchester members private forum., Administrator



Hon: Secretary / One2One  
Volunteer Co-ordinator:  
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Also, Manchester members private forum.



Committee Member.

**Charles Flannery**  
One2One Volunteer



Social Media (Facebook),  
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Co-ordinator:  
**Sophie Kennedy.**



Email: [Sophie.kennedy@iasupport.org](mailto:Sophie.kennedy@iasupport.org)  
Manchester members private forum., Administrator

Committee Member  
**Christina Starkie.**  
Our roving reporter.



Email: [christina.starkie@iasupport.org](mailto:christina.starkie@iasupport.org)  
Also, IA-Manchester members private forum.

**NOTE: If you find that your three monthly journal and newsletter has not arrived you may be in arrears with your payment, but reminders are sent out twice before you are finally removed from the mailing list.**

### Subscriptions 2026.

Renewal subscriptions can be paid using any of the details below please - either online, by standing order or via cheque sent to IA national office. Subscriptions are due annually please. If you have yet to pay 2024/25 subscriptions please arrange to do so ASAP to continue your Membership .Under 60 years of age as at 01.01.2026: £15 PA. Over 60 years as at 01.01.2026: £10 PA.

Please send a cheque made out to **IA BRANCH POOLED.** (Make sure you put your name and address is on the back.)

\* Send to: IA National Office, Danehurst Court, 35-37, West Street, Rochford, Essex, SS4 1BE. \*

Or pay on line at <https://www.iasupport.org/membership/renew>

If you want to pay by standing order go to your bank make standing order payable to :  
**The Co-operative Bank, PO Box 250, Delf House Southway, Skelmersdale WN8 6WT.**  
**Sort Code: 08-92-99; Account No: 65854408.**  
**Account Name: IA Branch Pooled.**

You can also download a standing order form from <http://www.iasupport.org/membership>

\* PLEASE DO NOT USE ANY OTHER ADDRESS

### IA's UK airport survey still open: your opinion counts

Just a little reminder that IA's airport survey is still open, if you wish to share your personal experiences of UK airports. For those with a complaint about an airport, this should be taken up with the airport in the first instance, but further action is available through the CAA if you are dissatisfied with the response.

In order to ascertain the extent of the issues ostomates are encountering at UK airports, Please send your opinion here: **UK airport survey** <https://bit.ly/IAAirportSurvey2025>

### Nominations for IA Lifetime Achievement Award

To celebrate our platinum year in 2026, and in recognition of the extraordinary work IA's volunteers have contributed to the charity, we will be awarding a number of Lifetime Achievement Awards at our Information Day on 25 April, and we invite you to nominate those who you consider to be the most deserving of recognition.

Nominations could be due to a culmination of efforts and/or achievements or due to a single act that has had a lasting, positive affect at a local or national level. This is your opportunity to recommend a fellow volunteer to be honoured for their outstanding contribution to IA. Every entry will be given the utmost consideration, and those selected will be announced during the celebrations at IA's Information Day 2026.



How to submit a nomination

Please email [info@iasupport.org](mailto:info@iasupport.org) providing the name of the nominee, the group to which they belong, the reasons for their nomination and the persons proposing the nomination. **Please email [info@iasupport.org](mailto:info@iasupport.org)**