



Ileostomy & Internal Pouch  
Association

Registered Charity

# Greater Manchester - I A

## NEWSLETTER



Issue 3 - 2025.

WEB Site: <https://manchester.iasupport.org>

Autumn 2025

Hon: SECRETARY and One2one Volunteer: Marlene Evans, Phone: 0161 790 9380.- Email: [marlene.evans@iasupport.org](mailto:marlene.evans@iasupport.org)

### Dear Members,

The Manchester team welcomes 7 new members to Greater Manchester-IA. Judith from Urmston- Charlie from Macclesfield - Barbara from Rochdale - Rowan from Cheadle Hulme - Heather from Astley - Lisa from Heywood - and Mark from Middleton, yes! the team have been busy!.

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### Your Journey.

Do you have a story to tell! about how you were diagnosed and leading up to your operation and beyond use A 4 size layout and font Arial 12. I will for security use your first name only. Please contact me, newsletter editor address on back page. Thank you.

Thanks from the Manchester team: Paul, Marlene, Sophie, Christina and Charles.

### Chairman (Paul) update.

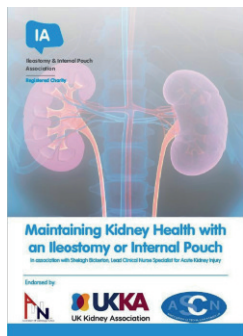
I wish to thank all members who have asked about my spell in Hospital last year 2024. I have steadily gained weight from 65 kg to 74 Kg, my Crohn's is under control, but I have to watch my liquid intake (2 Ltrs a day) I now enjoy my food and feeling much better since a change of medication to 'Infliximab' (Remsima). All thanks to the Salford Royal IBD nurses and my Consultant Dr Andrew Robinson for getting me back to strength again..

### No luck!!

After 12 months grief it was time for a holiday Denise and I decided to take the caravan to North Wales for a few days, on the second day we went to Llandudno, stopped to let a oncoming motorist to pass, BANG!! We were hit from behind with great force, I was paralysed for 10 minutes I just could not move, Denise spoke to the lady driver who admitted straight away it was her fault, said she was waving to her friend and did not see my stop lights. I had little damage to the rear of the car, (now in the workshop under repair) the tow bar saved us, but the other car had the front smashed in and the radiator had water spilling onto the road.

I am currently having Physio on my back and waiting for X-ray results, the pain is worse when I get out of bed in the morning, I seem to have stiffened up, pain killers do not help at all. I await the X-ray results. Paul..

## IA publishes new kidney health leaflet



IA is delighted to have gained endorsement from the UK Kidney Association, Association of Nephrology Nurses UK, and ASCN UK on its latest leaflet, 'Maintaining kidney health with an ileostomy or internal pouch', which can be downloaded from IA's website.

<https://iasupport.org/information-support/literature/>

The guide outlines the function of the kidneys and how to protect them from Acute Kidney Injury, of which the ostomy and internal pouch community are especially vulnerable, owing to their increased risk of dehydration



Ileostomy & Internal Pouch  
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President: Professor Gordon L. Carlson CBE BSc (Hons), MB ChB (Hons), MD, FRCS, FRCS(Gen), FRCSEd (Ad Hom)

## Dedication 2.

At last I am able to report about my observations while being hospitalised 4 times, a total of 65 days in 2024 on Ward L-2 Salford Royal Hospital situated in the Ladywell building. The following incidents are happening throughout the NHS not just L-2. The nursing staff need a medal for the abuse I have witnessed.

Spit at, being kicked and attacked, meals thrown at the staff and verbal abuse, can it get any worse?

If any member has witnessed any attack while hospitalised please contact me via E-mail address on back page.

Here are few pictures of the brave staff from L-2.



Michele & James



Michele & Fred



Sharon, brew time



Katy now a Sister



Josie, Staff Nurse

Here are the rest of the L-2 dedicated staff. **Ward sisters:** Janet, Salina & Katy, **Staff nurses** Isaac, Josie, Issy, Gimcy & Patience. **Medical Support Workers:** Kelly, Michele, Mac, Sharon, & Fred. **Domestic:** Lisa and **Porter** Sharon.

**Note.** Katy (pictured) on my third visit on the ward Katy had been promoted to ward sister, a well earned promotion.  
- James (pictured) is the ward manager.

## BROOK TREATMENT UNIT (BTU) Salford Royal Hospital.

Not many members know about this special unit. I first started attending 14 years ago at the start of my treatment for Crohns, during this time I have seen the unit moved 4 times to the now position in the Brook building.

BTU is a 19 chaired Unit, split over 2 units. Unit one has 14 chairs, unit 2, has up to 5. Caring for both male and female with a variety of neurological, gastrological, metabolic, respiratory, endocrinology conditions such as:

Multiple Sclerosis, Myasthenia Gravis, Parkinson's Disease, Motor Neurone Disease, Encephalitis, Crohn's and Ulcerative Colitis, Brittle Asthma, Fabry Disease, Pompe Disease, Battens Disease, MPS, MS-neurology, CIDP-neurology, Crohn's-gastroenterology, Colitis-gastroenterology, Pre-surgery treatments, Endocrinology tests, and various other conditions relating to neurology and Gastroenterology.

The Unit also has 4 side rooms, comprising of 2 Examination rooms. These rooms are used for patients who are having treatments such as Lumbar Puncture's, Occipital Nerve Blocks or Muscle Biopsies. They can also provide privacy for patient who require more invasive treatments or infusions.



Nadine is the Ward Manager, Daniel ward charge nurse.

Other staff not on duty on the day are.

Staff nurses: Debbie, Laura, Ancy and Sarah.

Health Care Assistance: Laura, Alison, Boris & Hayley.

Admission Co-ordinators:  
Chelsea and Katrine.

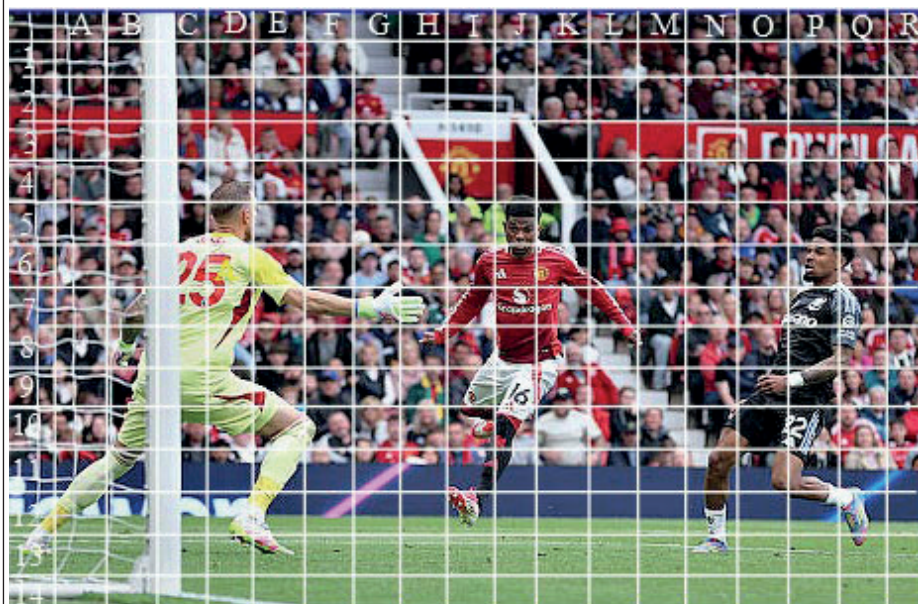
House Keeper: Mandy.

Paul Newsletter editor.

From left to right, Ose, Aleyamma, Sophie, Nadine, Michele, Ade & Daniel.



### Spot the Ball No. 17 Manchester City V Aston Villa.



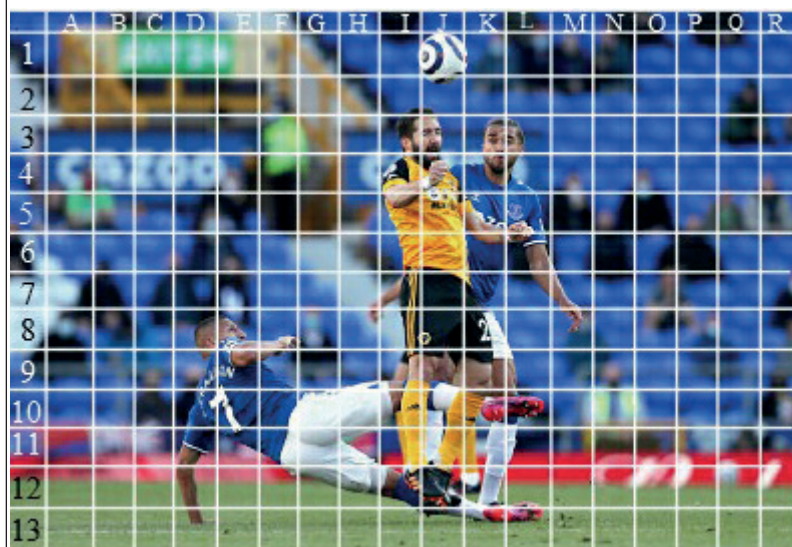
### Manchester City V Aston Villa.

There are 252 boxes for you to choose from where the the ball may be located. This is one of the easiest 'Spot the Ball' competition so far, anyone with an eye for football will spot where the ball is easily, Prize for the competition is a Tesco or Morrisons £15, gift voucher Rules are easy, you have 5 goes at where you think the ball is located. If you think the ball is in box A-1, And so on until you have used your 5 goes. Competition runs from 1<sup>st</sup> September to the 30th, please do not enter before the 1<sup>st</sup> September as your entry will be void, this is to give members who live in remote parts of the country a good chance, and other areas where post is a problem ..If there is a tie, the winner will

be the member with the correct result that reaches us first. send your winning entry to.

[marlene.evans@iasupport.org](mailto:marlene.evans@iasupport.org) or phone: 0161 790 9380. Or newsletter editor at; [paul.stott@iasupport.org](mailto:paul.stott@iasupport.org)

### Spot the Ball No.16, Everton V Wolves. RESULT.



Spot the Ball No. 16 winner Is Steven from Hazel Grove Stockport. Here are the numbers submitted by Steven, J3 K3 J2 J1 K1, **J-1** being the winning square.

The picture was taken in Stockports "Stockroom" which has just opened in Stockport Merseyway Shopping Centre. It is a large building housing the new Library on two levels: upstairs for library and computers, and downstairs for large areas for relaxing with a children's area and a large cafe area.

Opposite the "Stockroom" there are brand

new toilet facilities with attendants - very useful to know for IA members! Steven has been a member of IA for over 30 years. He likes the theatre, socialising, reading, and also volunteers at a charity shop each week.

Steven adds:

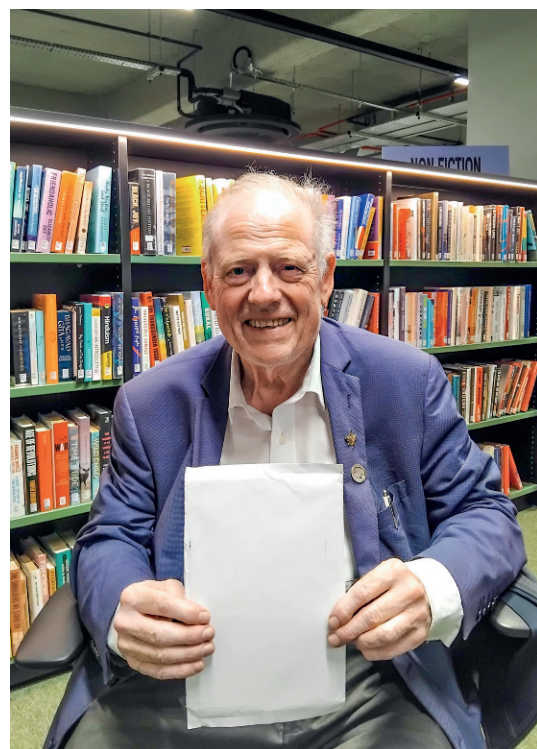
In April 2025 I attended the IA Information Day held at the Doubletree Hotel right next to Manchester Airport. This was the Annual National Conference so a large number of people attended from all over the UK.

IA Manchester Committee did a lot of work and were congratulated for this. Exhibitors of Stoma products and services; Surgeons; Nursing Staff

Pharmacy and Dietitians attended so I can recommend National and Regional events to members.

No doubt Steven will have plans for his Tesco voucher.

3 Paul newsletter editor.



## Greater Manchester-IA, President and Committee.

**President.**  
**Mr Jonathan Epstein.**  
MBChB MD FRCS,  
Consultant & Colorectal  
Surgeon, Salford Royal  
NHS Foundation Trust.



Hon: Chairman,  
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Also, Manchester members private forum.



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**Committee Member.**

**Charles Flannery**  
One2One Volunteer



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Manchester members private forum., Administrator

**Committee Member**  
**Christina Starkie.**



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Also, IA-Manchester members private forum.

**NOTE:** If you find that your three monthly journal and newsletter has not arrived you may be in arrears with your payment, but reminders are sent out twice before you are finally removed from the mailing list.

### S u b s c r i p t i o n s 2 0 2 5 .

Renewal subscriptions can be paid using any of the details below please - either online, by standing order or via cheque sent to IA national office. Subscriptions are due annually please. If you have yet to pay 2023/24 subscriptions please arrange to do so ASAP to continue your Membership .Under 60 years of age as at 01.01.2025: £15 PA. Over 60 years as at 01.01.2025: £10 PA.

Please send a cheque made out to **IA BRANCH POOLED.** (Make sure you put your name and address is on the back.)

\* Send to: IA National Office, Danehurst Court, 35-37, West Street, Rochford, Essex, SS4 1BE. \*

Or pay on line at <https://www.iasupport.org/membership/renew>

If you want to pay by standing order go to your bank make standing order payable to :  
**The Co-operative Bank, PO Box 250, Delf House Southway, Skelmersdale WN8 6WT.**  
**Sort Code: 08-92-99; Account No: 65854408.**  
**Account Name: IA Branch Pooled.**

You can also download a standing order form from <http://www.iasupport.org/membership>

**\* PLEASE DO NOT USE ANY OTHER ADDRESS**

### **IA Information Day, 25 April 2026**

Preparations are under way for the charity's 70<sup>th</sup> anniversary milestone next year, which will be officially celebrated at our Information Day on Saturday 25 April, following the AGM on 24 April (for company law members and board members only).

We're creating yet another packed programme for this special platinum anniversary, so watch this space! You can, of course, expect to be entertained and enlightened by subject matter experts on the topics that matter most.

Once the day's workshops and presentations are complete, we invite you to join us for our celebratory evening entertainment. Don't miss the chance to don your best bib and tucker for our black-tie gala dinner and live music!

**Information Day 2026 will be held at Chesford Grange Hotel, Chesford Bridge, Kenilworth, Warwickshire CV8 2LD.**

The historic manor house hotel is close to a host of attractions to help you make the most of your stay, including castles in Kenilworth and Warwick; Shakespearean theatre, history and heritage in Stratford-upon-Avon; museums, shopping and cathedrals in Coventry, not to mention miles of beautiful countryside to explore. **Date:** AGM (for company law members and board members only): Friday 24 April, time tbc; Information Day: Saturday 25 April, time tbc.

**Booking:** Please spread the word and save the date(s) for now. We will release more details as soon as we can, and keep you informed through our usual channels, online and in print.

Paul, editor.