



Ileostomy & Internal Pouch
Association

Registered Charity

Greater Manchester-IA

NEWSLETTER



Issue 3 - 2024.

Website: <https://manchester.iasupport.org>

Autumn 2024

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Dear members,

First, I wish to welcome our 7 new members:

[1] Sandra, from Northwich. - [2] Peter, from Heywood. - [3] Patricia from Hyde. - [4] Christine Ann, from Heywood. - [5] Michael from Rochdale. - [6] Angela from Radcliffe. - [7] Fiona Wilmslow.

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SUBSCRIPTIONS 2024. Standing order update with QR code.

Contacting Ileostomy & Internal Pouch Association.

Twitter: https://twitter.com/i/flow/login?redirect_after_login=%2Fiasupport

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Email: info@iasupport.org

Website: <https://iasupport.org>

Greater Manchester-IA WEB site: <https://manchester.iasupport.org/>

There are NO open days and events planned to date. If any due crop up, I will send details via email to members registered with Manchester Group.

We the committee would like to hear your comments, good or bad, on any section of this newsletter, plus any further articles you wish us to include that you think may be of interest to our members.

Send your comments to secretary: marlene.evans@iasupport.org

Or paul.stott@iasupport.org

Thank you from the Manchester team,
Paul, Marlene, Anne, Sophie and Christina.

REPORT ON MAAF MEETING etc.

As our members will know, we have had, especially since lockdown, a number of our members advising us of problems when travelling through Manchester Airport's security. It would appear some of these problems initially were because of poor training of security staff which has now been addressed, and we have now begun to get reports from our members that they have had no problems, especially if you make sure you go up to the Assistance Reception Area at the airport and request a lanyard. This will identify you to staff as someone who may need additional support or understanding. Their staff have been specially trained to recognise the lanyards and act accordingly. Please note this lanyard permits access to our 'family' and priority lanes at security as well as the use of their assistance lanes at the UK border on arrival into Manchester Airport.

I attended a meeting for the Manchester Airport Accessibility Forum on 7th May, which I found to be very interesting and informative. The meeting was attended by various members of Manchester Airport personnel and representatives from seven charities. The outcome was that airport staff are making sure that anyone who needs assistance when at the airport receives whatever they require.

The agenda included details on service performance and customer feedback, Manchester Airport's business and strategic update and an update on innovation/accessibility work streams. I also found that they have put details online to help travellers who may need assistance and included tips for travelling with a stoma. This can be accessed by clicking on 'Manchester Airport Invisible Disabilities'.

For those of our members who do not have access to the internet, please see the details below:

Stomas - Tips for Travel

If you have a stoma, the prospect of completing security checks may seem daunting. Please be reassured that all of our security officers receive stoma awareness training, so you can be confident that you will be guided through the security process with dignity and care.

10 Useful Tips

1. Plan and prepare in advance of your trip.
2. Wrap cling film around liquid medication to prevent it leaking into other belongings.
3. Pack enough stoma bags – better to have too many than not enough, and have extra in hand luggage in case your hold bag does not arrive at your destination.
4. Liquid stoma glue will fit in a clear liquid bag and you should always remove it from your hand luggage.
5. You can carry scissors in your hand luggage with a blade length less than 6 cm and with rounded ends.
6. At security, a private screening room is available – you can request this if selected for a manual body search.
7. Wear loose clothing, remove belts and place these in the screening trays.
8. Carry medication delivery notes on your person as this details what the medication is.
9. There can be queues at security – always be comfortable before entering the Security area.
10. Pack spare clothes in your hand luggage.

Compiled by Marlene, Greater Manchester-IA secretary & One2one volunteer.

DEDICATION

A recent 2-week stay in hospital due to a Crohn's flare up, made me fully aware of the dedication by doctors and nurses and supporting staff at Salford Royal



Ladywell building, Ward L-2. Here are just a few of the L-2 ward staff who made my stay as comfortable as possible, but there were many more: staff nurses Karri, Natasha, Abdul and Isaac, third-year students Ebis, Christina, Dora and ward sister Salina, and support staff, Fred. Not forgetting Dr Robinson's gastroenterology team and stoma specialist nurse, Ben. I thank you all. My new treatment for Crohn's, due to start in August, will be 'Vedolizumab', starting with a hospital infusion, then subcutaneous injection (self inject) every 8 weeks.

Pictured above is staff nurse Karri checking my cannula, and Fred taking the tea tray away.



WORLD CUP- Spot the Ball 14, Philippines V Morocco



Spot the ball no. 14 is quite easy with only 312 squares. Follow the trajectory - you do not have to have special football skills with this one.

Prize is a £15.00 Tesco or Morrisons voucher.

Rules are easy: you have 5 goes to locate which squares the ball is located, for example: A-1 or S-2, and so on, do not use these numbers and do not submit them, as they are display purposes only.

Competition runs from 1st to 30th September.

Please do not enter before the 1st September.

This is to give you ALL an equal chance as many of our members live in remote places.

When you submit your entry you may well

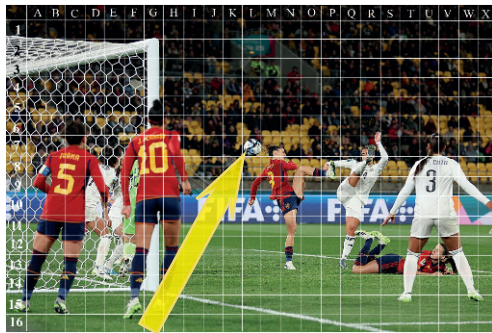
have the correct answer, but in leaving it late to reply you may lose out as the winner, as it is the FIRST correct answer to reach us.

Send your entries to Marlene Evans: 0161 790 9380. Or email: marlene.evans@iasupport.org

Also newsletter editor at email: paul.stott@iasupport.org

Good luck, Paul.

Spot the Ball 13. Spain V Costa Rica. Result.



No stranger to the newsletter and Spot the Ball is Peter from Nelson, Lancashire, who, you guessed it, has won again with his numbers

N-5 N-6. O-5 O-6; L-7 being the winning number.

Peter's hobbies and interests are bridge, reading, and all ball games. Perhaps this helped him with his win?

Newsletter Winter 2020

Remember the competition 'Guess the photo year'? This was one of the first of the competitions that I started. It was a picture of a butcher's shop on the High Street in Bangor, North Wales. Peter (below) won this by the price of liver in the shop window and gave the date as 2009.

Here's Peter with his Tesco voucher. He's not said what he intends to purchase with it, but he had to get a new kettle with the last voucher! He did say that his phone was playing up, maybe this will be his next move!



Paul
3 Newsletter Editor.

Open days at Trafford, Rochdale and Wigan.

Wednesday June 5th started off as a busy month for the Greater Manchester team by Anne & Chris attending a Clinimed open day at the Mercure Bolton Hotel Blackrod.

Next, an evening meeting on the 19th by the Trafford Stoma Support group at the Parish Centre. This was attended by Anne & Sophie, and had a good turnout by members.



20th June Open Day, Rochdale Care Organisation, Alkington Community Centre, Middleton. Sophie attended and signed up three new members. There's always a good turnout from this

group.
Wednesday 26th June: HOLLISTER Wellness Day at St Peters Pavilion, Hurst Street, Wigan. Anne & Marlene in attendance. A new member was signed up by Anne.



Unfortunately, we were unable to attend the CliniMed patient meeting the next day at Oldham Golf Club, Lees New Road, Oldham.

Paul.

Greater Manchester-IA, President and Committee.

President.

Mr Jonathan Epstein.
MBCbB MD FRCS,
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NOTE: If you find that your quarterly journal and newsletter have not arrived, you may be in arrears with your payment, reminders are sent out to members twice before you are finally removed from the mailing list.

SUBSCRIPTIONS 2024.

Renewable subscriptions can be paid using any of the details below - either on line, by standing order or via cheque sent to IA national office. Subscriptions are due annually. If you have to pay 2022/23 subscriptions please arrange to do so ASAP to continue your membership. Under 60 years of age as at 01.01.2024: £15 per annum. Over 65 as at 01.01.2024: £10.00 per annum.

Please send cheque made out to IA BRANCH POOLED. (Make sure you put your name and address is on the back)

* Send to: IA National Office, Danehurst Court, 35-37, West Street, Rochford, Essex, SS4 1BE.*

Or pay online at <https://www.iasupport.org/membership/renew>

If you want to pay by standing order go to your bank, make standing order payable to:
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You can also download a standing order form from: <http://www.iasupport.org/membership>

PLEASE DO NOT USE ANY OTHER ADDRESS OTHER THAN IA NATIONAL OFFICE'S

TRAVELLING WITH A CATHETER

One of our members asked if we could help as he was due to travel via Manchester Airport and has a catheter. We contacted the airport and they sent us the following advice, which may be of help if any of our other members are travelling with one. When you arrive at the airport they suggest that you go to the Accessibility Counter, and if you have not already got one, ask for one of the lanyards.

The 1 litre liquid limit does not apply to medication / medical equipment and having a GP letter helps validate this. At the security tray loading point, they suggest highlighting these items to the officer in this area and they will confirm whether or not these need to be in the tray separately (some of the lanes in Terminal 2 no longer require liquids to be taken out of bags).

If the catheters are automatically flagged by the system for a further check, you will just need to present the GP letter to the officer rescreening the tray. A lot of the security process is automated and even if staff are aware in advance, they will still need to potentially rescreen and check the medical letter if the system has flagged the liquid in a certain way.

Our member contacted us after his holiday and advised that he followed the advice given above and had no problems going through the airport and security.

This member was travelling to Turkey via Izmir Airport and he has reported that there are more security checks in place at this airport. The region of Izmir is considered to be a "hot spot" by the British government, and consequently, they have asked the Turkish authorities to perform a further security check when entering the boarding area. This check is both a physical check of your hand luggage and a body frisk (including in some instances, lifting of your shirt). This is a random search and the staff member who checks your passport and boarding card decides who is to be allowed straight through or to be searched. Fortunately, he was allowed to go straight through. Needless to say, this sort of search could be very embarrassing for people with stomas, as there were no facilities for searching in a private space.