



Ileostomy & Internal Pouch
Association

Registered Charity

MANCHESTER-IA

NEWSLETTER

Issue 1 - 2023.

WEB Site: <https://manchester.iasupport.org>

SPRING 2023

President: Mr Jonathan Epstein, Consultant General & Colorectal Surgeon Salford Royal Hospital.

Dear Members,

Another year gone, 2022 not a very good year for myself and Denise my wife, Denise being admitted to hospital for 10 days and another for 7 days. I had to visit A&E for dehydration as I picked up a bug, just looking at food and drink made me feel nausea on arrival at A & E, I was put on a drip straight away, later released at 10 pm and sent home with antibiotics, I don't want that again!!

Member's wellbeing.

I hope you, our members have kept well so far?

If you have had any problems and wish to share with other members drop me a line and I will feature your story in the newsletter, if you wish no publicity you will be Mr. or Mrs X

Spot the ball No .8

At last we have a winner for spot the ball having dragged on from the autumn 2022 issue.

A new spot the ball No. 9, is shown on page 3, there are 166 boxes to choose from, this latest version is the easiest I have compiled so far, have a go!

LOOP Winter 2022 features.

(1) Rooftop helipad complete at Salford Royal thanks to a £2 million donation. Page No .2

(2) COVID vaccine programme approaches new milestone. Page No .2

Past two years Newsletters. Are here on our WEB site page via QR code. >



Invitation.

The Heywood, Middleton and Rochdale Stoma Support Group, Theme >EXERCISE FOR ALL ABILITIES, see Page 4.

Subscription.

I have had a few Emails from members asking why they have not had their copy of the journal & newsletter only to find out from head office that their subscription has lapsed. How to keep your subscriptions details up to date are on the back page.

Call to action.

Sophie one of our team who is our social media Co-ordinator has updated the IA-Manchester Facebook group page. Here you can put your discreet questions to the group, easy to join up, but if you are having problems, please contact Sophie at > sophie.kennedy@iasupport.org. Here is the link for the group page > <https://www.facebook.com/groups/293252486035956> or QR code >



How can we help?

During the next few weeks the IA-Manchester team will be contacting all members who are registered with IA-Manchester by phone. We will ask you a couple of questions on how we can serve our members. We are just trying to get to know what is best for our members during these difficult times....

Best wishes to you all.

Paul,
Marlene,
Anne,
Sophie.



George
Cross

Rooftop helipad complete thanks to £2million donation

Thanks to a £2million donation from the HELP Appeal, construction of a helipad on top of the Greater Manchester Major Trauma Hospital at Salford Royal is now complete.

The donation, made from the HELP Appeal to NorthCare, the official charity of Northern Care Alliance, has funded the development of the first rooftop helipad in the country with direct access to a lift down to the emergency department, saving valuable time for critically ill patients needing lifesaving treatment.

Built on top of the Greater Manchester Major Trauma Hospital on the Salford Royal site, the helipad deck is approximately 26.4 metres squared. The helipad is due to become operational when the new facility opens in Summer 2023, with an anticipated 360 landings on the helipad every year.

Eimhear Quinn, emergency department consultant and Air Ambulance doctor said: "We're delighted to have received support from the HELP Appeal to construct the helipad, which will have a huge impact on our ability to treat the most seriously injured patients from across the North West."

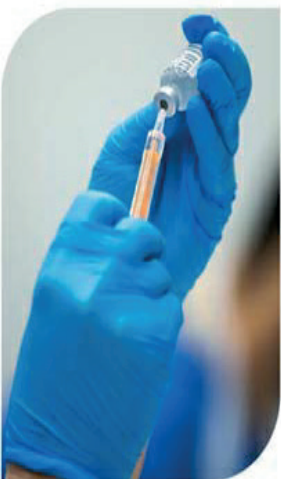


On top of the world – the new helipad and Robert Bertram, chief executive, County Air Ambulance Trust, and Eimhear Quinn, Salford Royal emergency department consultant and Air Ambulance doctor.



COVID vaccine programme approaches new milestone

Back in December 2019, when we launched our COVID vaccine programme at Salford Royal, nobody could have predicted how hugely successful it would be.



At its peak, our four hospital hubs and the Etihad mass vaccination centre were delivering thousands of vaccines a day.

Latest figures show, that as of the end of September 2022, an amazing 828,000 doses have been given across all sites.

At the end of August 2021, we said a fond farewell to the Etihad mass vaccination centre. Run by the NCA, it was staffed by a dedicated team drawn from health and care services all over Greater Manchester, who were joined by many people new to the NHS. These included former cabin crew and retail workers, some of whom have now joined the NHS permanently.

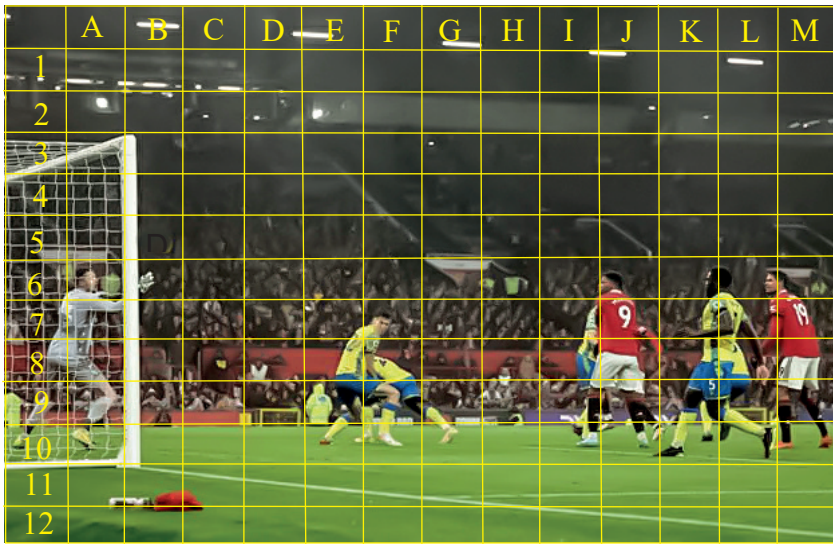
The centre alone delivered almost half a million doses of the vaccine, a testament to the hard work and dedication of those that worked there.

As we move into the next phase of the programme, our vaccination hubs at Salford Royal, The Royal Oldham and Rochdale Infirmary are delivering the winter COVID booster, alongside the annual flu vaccine to our colleagues and members of the community who are eligible.

Vaccines are the best form of defence against viruses like flu and COVID-19 which can cause serious illness in some people. This year, with both circulating, it's even more important you get your jabs to protect yourself and your loved ones.

You can check your eligibility for the COVID vaccine, or the flu jab at www.nhs.uk

Spot the Ball No, 9. Manchester United V Nottingham Forest, Played 27-12-2022.



There are 166 boxes for you to choose from where the the ball may be located. This is the easiest Spot the Ball competition so far anyone with an eye for football will spot where the ball is easily, Prize for the competition a £10-00, gift voucher Rules are easy, you have 5 goes at where you think the ball is located.

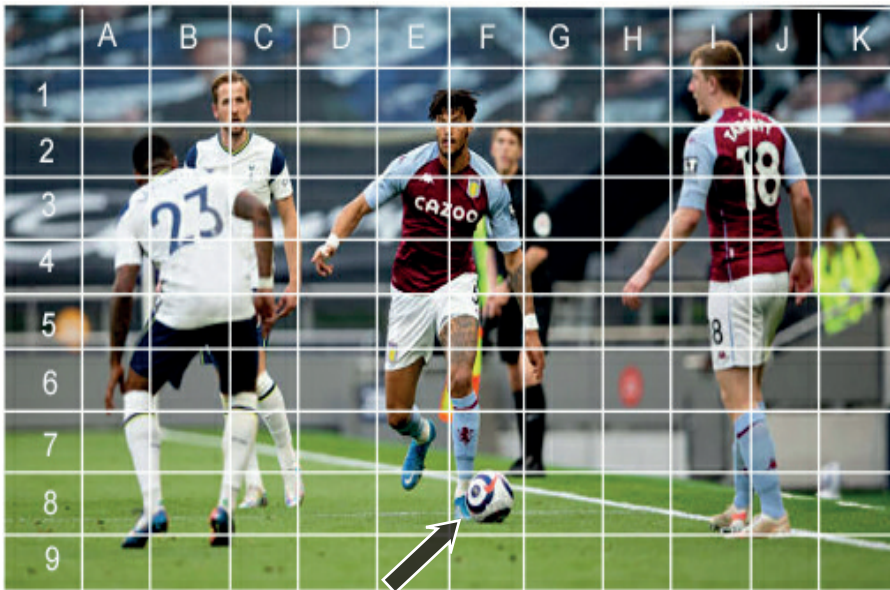
If you think the ball is in box A-1, And so on until you have used your 5 goes. Competition runs from 1st to the 31st, of March, please do not enter before the 1st

March as your entry will be void, this is to give members who have problems with their post a fair chance. If there is a tie, the winner will be the member with the correct result that reaches us first. send your winning entry to.

Secretary: marlene.evans@iasupport.org Phone 0161-790 9380.

Or Newsletter editor: paul.stott@iasupport.org

Result of Spot the Ball Competition No, 8.



At last we have a winner for Spot the Ball No: 8. Plenty of near misses in fact there was 4, if you see where the ball was it was so simple. Gwen from Stockport was spot on with the winning square F-8, her submitted numbers were C-8, G-3, F-9, J-8 and of course **F-8**. Gwen told me that she knows nothing about football and went for the toe of the boot, Here you see Gwen holding her Tesco voucher and and a short story of her past problems and pastimes

Went to Zimbabwe 10 years ago & caught amoebic dysentery just as I was coming home in January 2013. My bowel was never right after that, so had a colonoscopy in July 2013..... the result..... a punctured bowel at the ileo- caecial joint. Immediate surgery resulted in me having an ileostomy. I am a retired nurse & knew what that was all about! It went 'wrong' on me, ending up with removal of an ischaemic portion of bowel & re- fashioning of the ileostomy in September 2014! As I had suffered from constipation all my life, I am very happy with my ileostomy even though it could have been reversed & do not let it rule my life. I am now in my mid to late 80's & enjoy going to the gym, rambling & travelling!!! Gwen .



3 Well Done Gwen!! Paul.

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Subscriptions 2023.

Renewal subscriptions can be paid using any of the details below please - either online, by standing order or via cheque sent to IA national office. Subscriptions are due annually please. If you have yet to pay 2020/21 subscriptions please arrange to do so ASAP to continue your membership.

Under 60 years of age as at 01.01.2023: £15 PA. Over 60 years as at 01.01.2023: £10 PA.

Please send a cheque made out to **IA BRANCH POOLED**. (Make sure you put your name and address is on the back.)

* Send to: IA National Office, Danehurst Court, 35-37, West Street, Rochford, Essex, SS4 1BE. *

Or pay on line at
<https://www.iasupport.org/membership/renew>

If you want to pay by standing order go to your bank make standing order payable to :
The Co-operative Bank, PO Box 250, Delf House Southway, Skelmersdale WN8 6WT.

Sort Code: 08-92-99; Account No: 65854408.
Account Name: IA Branch Pooled.

You can also download a standing order form from
<http://www.iasupport.org/membership>

*** PLEASE DO NOT USE ANY OTHER ADDRESS OTHER THAN IA NATIONAL OFFICE'S ADDRESS ABOVE ***



Community Ostomate Group



You are invited to the Heywood, Middleton and Rochdale Stoma Support Group at,
The Education Centre (Rear of Carders Court) 23 Ivor Street, Castleton, Rochdale OL11 3JA

EXERCISE FOR ALL ABILITIES, Thursday 16th March 2023 2pm- 4pm

Whether you're a mad extreme marathon runner, or a pick up the remote-control type, It's whatever level you want. Just don't be held back by thoughts of your stoma.

Come and find out about fitness for all abilities

- Free refreshments.
- Access to advice from a Specialist Nurse.
- Support, help and advice from others with a stoma.
- Guest speakers related to each topic.
- Ample free parking/wheelchair access.

Please note: no company representatives will be present at the meetings!
For more information, please contact

The Bladder & Bowel Service Tel: 0300 323 9840

Representatives from IA-Manchester will be present with all the latest literature