



Dear Members, Lockdown.

As I write this editorial for the summer edition. We are in step 2 of lockdown, Yep! I can go shopping with the Mrs Now instead of staying in the car.

By Step 4 which will take place no earlier than 21 June, the government hopes to be in a position to remove all legal limits on social contact, we can then start with organising open days again.

Zoom meeting,

Here at IA-Manchester we had our first successful Zoom meeting on 20th March, full details on page 3.

Competition No: 3

A lady winner at last, the competition has been made more difficult for members this time due to the picture image being printed darker than the original sent to the printers.

Competition No: 4

This will be 'Spot the Ball' made much easier than the newspaper version, see inside for more details.

Ileostomy & Internal Pouch Association National President.

IA-Manchester wishes to welcome our new national president, Professor Gordon Carlson BSc MD FRCS. Professor Carlson was once our president at Manchester for many years, more info inside.

IA Qualified Visitors: Keepers of the Flame.

A report on a Zoom meeting on the 31st March by Marlene Evans IA-Manchester Visiting Co-ordinator. See following pages.

You're Story.

Are you able to write about your past experiences before and after your operation similar to our new member Anna Hoole, I don't want your life story, only the problems you have encountered relating to your Ileostomy. Use Arial font size 12 for an A4 size paper. If you wish to remain anonymous you will be known as Mr/Mrs X, I would love to hear your account and so would other members.

Two ZOOM events.

On 30th April, A FREE interactive online event by Young IA, for IA Members entitled 'How to Get Away with Murder' Hosted by real-life CSI expert Diane Ivory from CBS's 'Murder by the Sea', you'll learn about the different types of evidence the police use to help solve murders. You'll then split off in to teams where you'll devise the perfect murder! Can Diane unravel your intricate murder scheme, or will you get away with it?

On 1st May, IA Information Day. 'Positive Living with an Ileostomy or Internal Pouch' jointly organised with the Royal Society of Medicine. I took part and many others, about 90 in all, an excellent meeting.

I had little time to advertise the events so I had to inform IA-Manchester members via their Email addresses, another reason to keep your details up to date.

LOOP.

Report on smoking in National Care Alliance hospitals page 3.

Take Care, Paul. Newsletter editor.

Professor Gordon L Carlson BSc MD FRCS.

Consultant General and Intestinal Failure Surgeon Infection,
Injury and Inflammation Research Group Clinical Sciences Building,
Salford Royal Hospitals NHS Foundation Trust and Biomedical Research Institute, University of Salford, M6 8HD

Academic Interests

Intestinal Failure

Nutritional and metabolic support in infection and critical illness

- Inflammatory bowel disease
- Gut barrier dysfunction in disease
- Host-bacterial interactions

Qualifications

- Bsc (Hons) Physiology. University of Manchester 1982
- MB ChB (Hons) Medicine. University of Manchester 1985
- FRCS Royal College of Surgeons of England 1989
- MD. University of Manchester 1992

Recent Publications

- Targets and elective colorectal cancer: outcome and symptom delay at surgical resection. S Barucha, S Hughes, V Kenyon, I D Anderson, G L Carlson, N A Scott. Colorectal Dis. 2005; 7:169-171.
- Interferon gamma stimulates translocation of non-pathogenic E coli across gut epithelial cells via a lipid raft-mediated transcellular process. E. Clark, J. Tanianis-Hughes, GL Carlson, G Warhurst. Gastroenterology 2005 128:1258-67.
- Management of enterocutaneous fistulas. M Kaushal, GL Carlson. In: Clinics in Colon & Rectal Surgery 2005; 17:79-88.
- Variability of bacterial translocation in the absence of mucosal damage following injury and the influence of interleukin-6 H. Gunji, S. Scarth, GL Carlson, G Warhurst, R A Little, S J Hopkins. Pathophysiology 2006;21:39-49.
- Comparison of P-glycoprotein-mediated drug-digoxin interactions in Caco-2 with human and rodent intestine: Relevance to in vivo prediction. A Collett, J. Tanianis-Hughes, G .L. Carlson, M. Harwood, G. Warhurst. Eur. J. Pharm. Sci. 2005; 26:386-393.
- Differential effects of interferon-gamma (IFN g) on populations of paracellular pores in T84 colonic epithelial cells CJ Watson, C Hoare, DR Garrod, GL Carlson, G Warhurst. J Cell Sci. 2005; 118:5221-5230.
- Nutritional management of intestinal fistula. A. Clare, G.L. Carlson. New Wave 2007; 9:5-7.
- Intestinal failure. The scale of the problem. D Matthew, G L Carlson. Br. J. Hosp. Med. 2007; 68:8-10.
- Early molecular and functional changes in colonic epithelium that precede increased gut permeability during colitis development in MDR1a (-1/-1) mice. Inflammatory bowel disease. A Collett, NB Higgs, M Gironella, L Zeef, A Hayes, E Salmo, N Haboubi, J Iovanna, G.L. Carlson, G Warhurst. (In press, 2008).
- Investigation of Regional Mechanisms Responsible for Poor Oral Absorption in Humans of a Modified Release Preparation of the {alpha}-Adrenoreceptor Antagonist, 4-Amino-6,7-dimethoxy-2-(5-methanesulfonamido-1,2,3,4-tetrahydroisoquinol-2-yl)-5-(2-pyridyl)quinazoline (UK-338,003): The Rational Use of ex Vivo Intestine to Predict in Vivo Absorption. A Collett, RH Stephens, MD Harwood, M Humphrey, M Dallman, J Bennett, J Davis, G Carlson, G Warhurst. Drug Metab Dispos. 2008 Jan; 36(1):87-94. Epub 2007 Oct 11.
- Outcome of reconstructive surgery for intestinal fistula in the open abdomen. PT Connolly, a Teubner, ID Anderson, NP Lees, NA Scott, GL Carlson. Ann. Surgery. 2008 (In press).
- Molecular characterization of Escherichia Coli strains involved in transcytosis across gut epithelial cells exposed to metabolic and inflammatory stress. C.Macutkiewicz, G.L Carlson, EC Clark, U Dobrindt, IS Roberts G. Warhurst. Microbes and Infection (In press 2008).
- Extending Clinical Roles in the Multidisciplinary Nutrition Support Team. Prescription And Administration Of Parenteral Nutrition By Allied Health Professionals Is Safe And Effective. K Farrer, L Stewart, J Shaffer, NA Scott, ID Anderson, G L Carlson. Pharmaceutical Journal (In press 2008).

The list goes on and on about our National President.



Paul. Newsletter Editor.

IA-Manchester ZOOM media meeting.

IA-Manchester held their very first Zoom meeting on the 20th March 2021, hosted by Chairman Paul Stott. After a 10 minute delay with an audio problem at the host end, Committee members Marlene and Anne introduced themselves while the host audio was fixed.

The meeting was attended by five manufacturers' representatives Coloplast, Convatec, Dansac, Pelican and Salts. Our speaker was Sinead McParland dietician for the Eaken Group based in Northern Ireland who gave an excellent talk, covering post-operative problems of your operation and beyond. This followed by a Q/A session, and there was plenty of questions from the 11 members taking part.

At one point on screen 22 participants were taking part. Including guest visit from Nigel Morley Chairman/Secretary from Merseyside-IA. The meeting ran for 1 hour 45 minutes.

I have since had very good feedback from the meeting and hope to arrange a further meet later on in the year.

Paul.

IA Qualified Visitors: Keepers of the Flame

Marlene Evans our Manchester IA Visiting Co-ordinator attended a Zoom Meeting for Qualified Visitors and was also attended by 2 other Manchester members. It was very well attended and gave us all a chance to reflect and share what it is like to be an IA visitor in 2021. The session was also part of a broader consultation process to help remodel the IA Visitors training programme. In this meeting everyone gave their views on what ways have IA Visitors adapted to overcome the difficulties and obstacles presented by the COVID-19 health crisis. Everyone felt the session was very worthwhile and agreed that it would be helpful to continue with these meetings perhaps quarterly in the future'

Marlene.



Northern Care Alliance NHS Group of Hospitals. Are.

Salford Royal. - The Royal Oldham. - Fairfield General. - Rochdale Infirmary.

As part of the NHS five year forward view to support smokers to quit. All NHS premises around the country will be smoke free in 2021.



Smoking shelters currently installed around the Salford Royal. - The Royal Oldham. - Fairfield General. - Rochdale Infirmary, will be removed.

Anyone admitted as an inpatient at the above who is a smoker will be supported by the CURE project, a Greater Manchester Health and Social Care Partnership and Greater Manchester Cancer initiative to reduce smoking rates across the city.

Inpatients will be given smoking cessation advice and support and Nicotine Replacement Therapy (NRT) to help reduce craving while they are in hospital.

Raj Jain chief executive of the NCA said "our staff patients and visitors should expect to come one of our hospitals and for it to be smoke-free environment.

"We are committed to supporting anyone who either works at our at or visits any of our hospitals sites"

To find out more about CURE visit www.thecureproject.co.uk

Extract from LOOP magazine.

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Guess the photo Competition. No:3

The photo competition shown in the spring issue of the newsletter - guess the photo image was taken before being greatly enlarged. Here are a few of the answers, Old fashioned weighing scales - Ladies compact, this answer was from a chap, have to keep an eye on him>



The winning answer was 'The Top of a Toaster'

This was won by IA-member Christina from Poynton Cheshire, With travel restrictions being in place the committee decided to send Christina a Morrisons voucher instead of Wine or



chocolates. Here you see Christina with her prize, a Morrisons gift voucher. Christina Wanted to buy the grandchildren Easter eggs, but had sold out.

Said she was treating herself instead.

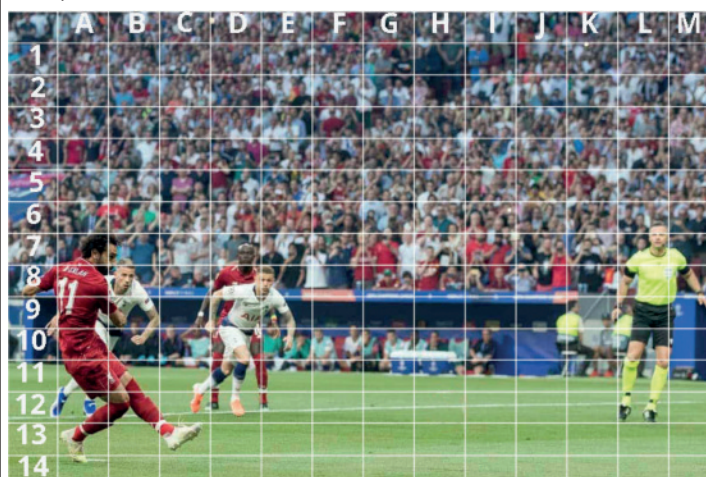
Paul.

Competition. No:4 Spot the Ball.

Something different this time and so easy. You will be allowed 2 goes, How to play.

If you think the ball is in square 'D'-'3' answer. The ball position is in square 'D'-'3' and my second choice is in box 'G'-'5'. Send your answers to secretary, Marlene Evans: phone:0161-790-9380. Or E-mail: marlene.evans@iasupport.org also newsletter editor E-mail: paul.stott@iasupport.org

First to answer the correct box where the ball is located will be the winner prize of a shopping voucher. The match was played between Liverpool and Tottenham Hotspur, not sure of the date. Competition will be open from June 1st to 30th, please do not enter before this date as your entry will be void. Good Luck! Paul, newsletter editor.



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